



Offering

Steps to Strength™; Short-Term Rehabilitation

Transitional care to maximize recovery and help you return home following surgery or a critical health-related event

Skilled Nursing Care

Just the right level of care for recuperation following a hospital stay or chronic condition flare-up

Long-Term Care

Around-the-clock nursing care and supervision and assistance with daily living

Stroke Recovery Services

In partnership with the Baystate Medical Center Stroke Unit, East Longmeadow offers on-site specialized rehabilitation services as a member of the Paul Coverdell National Acute Stroke Program.

Alzheimer's and Dementia Care

Our unit offers a Dementia Special Care Unit (DSCU) that meets stringent state requirements for care of those with memory impairment

Respite Care

A brief stay when family members or in-home caregivers need extra support or a little time away

Hospice Program

Hospice services available for compassionate end-of-life care

Award-Winning Care

We work hard every day to provide an outstanding level of care, and it shows. East Longmeadow Skilled Nursing Center has been recognized by the American Health Care Association/National Center for Assisted Living (AHCA/NCAL) with the **Bronze Commitment to Quality** award in 2010 and the **Silver Achievement in Quality Award** in 2016, the first steps towards the Gold Excellence in Quality recognition. This prestigious award is given to select facilities across the nation that serve as models of performance excellence and continuous quality improvement in long-term care services.



Berkshire Healthcare is a not-for-profit consumer-centered organization committed to fulfilling the health and residential needs of the population in the communities we serve. Our network of resources and healthcare professionals allows affiliated facilities to consistently deliver the highest quality of care.



A Member of Berkshire Healthcare

Meadows Crossing

305A Maple Street
East Longmeadow, MA 01028

413-525-6361

Fax: 413-525-4434

www.eastlongmeadownursing.org



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Reimagined Reenvisioned Welcome to a new way to recover



Welcome to a new way to recover.

East Longmeadow is proud to offer skilled nursing – reimagined. Discover a whole new way to recover with Massachusetts' newest skilled nursing and rehabilitation center. With all private rooms, state-of-the-art technology and specialized amenities, you'll feel right at home.

Discover Reimagined Rehabilitation

Steps to Strength™ Short-term Rehabilitation

Following surgery or a hospital stay, our residents have a comfortable, dedicated rehabilitation unit to recover and regain their strength. With specialized care plans and a highly skilled team of professionals, we'll help you reach your goals and get you home faster and stronger.

- State-of-the-art equipment and smart fit technology to maximize recovery
- Dedicated rehab gym with a full home environment including kitchen, washer, dryer, bedroom and bathroom to practice activities of daily living
- Putting green and other engaging methods of therapy
- Stroke Recovery Services provided under the leadership of rehab staff with specialized training and expertise in post-stroke rehabilitation. Experienced clinical staff work closely with specialists from the Stroke Unit at Baystate Medical Center.

Relax & Recover from the privacy of your own Steps to Strength room

- All private rooms with showers
- Specialized medical capabilities including stroke recovery and piped-in oxygen and suctioning in every room
- Spa-like surroundings, thoughtfully designed to maximize comfort and recovery

Enjoy Comforting Amenities – Reenvisioned

- Main dining room offering healthy, flavorful menus to accommodate all nutritional preferences
- Engaging activities program designed to promote wellness and incorporate resident interests and abilities
- Bright, spacious rooms with large windows and climate control settings
- Pub/Gathering area with a welcoming fireplace providing residents and families with a comfortable space to relax and enjoy snacks and WiFi
- Library stocked with a variety of books, games, and activities to enjoy around the fireplace with friends



A Tradition of Excellence, for Everyone

Life Enrichment Memory Care Neighborhood:

- Secure, 20-unit neighborhood committed to resident safety with access to gated and locked courtyard
- Common areas reminiscent of home including family room, dining area and kitchenette, and cafe/activities room
- Specialized staff trained to offer our Life Enrichment Programming based on the habilitation model developed jointly by Dr. Paul Raia of the Alzheimer's Association and Joanne Koenig Coste, Alzheimer's advocate and author
- Enriching activities to promote wellness and socialization
- Care plans and dining options to meet resident's personal needs and comfort level

Compassionate Long-term Care:

- Cardiac recovery
- Pain management
- Hospice and palliative care
- Stroke recovery
- IV therapy
- Wound care