

# Quality Care Close to Home



## Offering

**Short-Term Rehabilitation** – Transitional care to maximize recovery and help you return home following surgery or a critical health-related event

**Skilled Nursing Care** – Just the right level of care for recuperation following a hospital stay or chronic condition flare-up

**Long-Term Care** – Around-the-clock nursing care and supervision and assistance with daily living

**Alzheimer's and Dementia Care** – East Longmeadow offers a Dementia Special Care Unit (DSCU) that meets stringent state requirements for care of those with memory impairment, to maintain dignity and independence in our Longmeadow House unit

**Respite Care** – A brief stay when family members or in-home caregivers need extra support or a little time away

**Hospice Program** – Hospice services available for compassionate end-of-life care

## Award-Winning Care

We work hard every day to provide an outstanding level of care, and it shows. East Longmeadow Skilled Nursing Center has been recognized by the American Health Care Association/National Center for Assisted Living (AHCA/NCAL) with the **Bronze Commitment to Quality** award in 2010, the first step towards the Gold Excellence in Quality recognition. This prestigious award is given to select facilities across the nation that serve as models of performance excellence and continuous quality improvement in long-term care services.



**Berkshire Healthcare** is a not-for-profit consumer-centered organization committed to fulfilling the health and residential needs of the population in the communities we serve. Our network of resources and healthcare professionals allows affiliated facilities to consistently deliver the highest quality of care.



A Member of Berkshire Healthcare  
Managed by an Affiliate of Berkshire Health Systems

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Welcome  
to a  
*Community*  
of  
*Caring*  
in  
Western  
Massachusetts

# A Team Approach to Patient-Centered Care

East Longmeadow Skilled Nursing Center is a rehabilitation and skilled nursing facility set on fourteen acres of wooded land bordering Franconia Golf Course. We have been caring for people in the Pioneer Valley area since 1965, providing top-quality, personalized rehabilitation, nursing and long-term care in a warm, homelike setting.



## A Network of Caring

Locally run and staffed by caring and attentive Pioneer Valley-area healthcare professionals, East Longmeadow Skilled Nursing Center is backed by Berkshire Healthcare, one of the largest, nonprofit, long-term care providers in Massachusetts. This affiliation gives us the tremendous advantage of access to an extensive network of top healthcare professionals and other resources to support our programs and services.

Our core team includes nurses and nursing assistants, rehab therapists, social workers, activities staff, dietitian, and our medical director. Together these professionals create a personalized care plan based on the individual's strengths, needs and abilities.

## Keeping You Comfortable

East Longmeadow Skilled Nursing Center provides a safe, friendly place to stay featuring:

- 24-hour nursing care and supervision
- Spacious private and semi-private accommodations each equipped with a bath
- All resident rooms wired for telephone, cable TV and Wi-Fi
- Assistance with activities of daily living
- On-site beauty/barber shop
- Library area in the dining room
- Two landscaped courtyard areas – one exclusive to our secure Alzheimer's unit



## Keeping You Connected

We offer a full range of activities designed to support our residents mentally, physically and spiritually, encouraging independence and keeping them active and connected to the community around them.

- Gentle Exercise Classes
- Music
- Crafts
- Discussion Groups
- Religious Services
- Pet Therapy
- Monthly Men's Group
- Special Programs for Younger Residents
- Shopping Expeditions
- Local Outings

*French, Polish, or Spanish-speaking residents will love being able to converse with our staff who speak their language.*